IKSA POOTSIKE SURDE													
	TIME SCHEDULE (Details sti	II may change) status 2019 07 17											
			v/m pupil 10-12v*	v/m cadet 13-15v	w/m junior 16-18y	v/m senior 19-39v	v/m master	v/m veteran	-05 -	v/m veteran 50+			
Saturday 24th August 2019									ľ			Medaillen Sets à 3	Austria Sets à 3
registration (for the newly arrived)		until 8:46											
teamleader meeting		09:00											
Sprints (400m Track)	Universitäts- und Landessport - zentrum Salzburg / Rif Hartmannweg 4-6 5400 Hallein	sprints from 9:30 until ca. 12:30									no spikes allowed no running start		
Relay	Universitäts- und Landessport - zentrum Salzburg / Rif Hartmannweg 4-6 5400 Hallein	ca. 400m lap from 14:00 - 16:30				no	m+f o categ				mixed teams are counted as male		
	http://www.ulsz-rif.at/												
award ceremony Sprints	at the Rif											14	4
Sunday 25th August 2019													
registration (for the newly arrived)													
Long Race (Kick the Ring)	Salzburgring Salzburgring 1, A 5325 Plainfeld												
there will be a foodstand during the Marathon at the Ring													
		start 9:33 long race	1lap	3laps								4	2
team leaders meeting		10:45											
		start 11:45 long race 42km				m 1	Olaps					5	1
		start 11:47 long race 42km				w 1	Olaps					5	1
award ceremony long race													
	all Transfers have to	be organized individually						<u> </u>				28	8
	Volkss Kopple	fternoon until sunday afternoon chule Koppl erstraße 68 21 Koppl											